



MIAC Indoor Performance List

60 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Eben Ebai, Samuel	SO-2	St. Scholastica	6.83	Wartburg Qualifier	Mar 4, 2022
2	Arthur, Kevin	SO-2	St. John's (Minn.)	6.91	Gopher Classic	Feb 5, 2022
3	Miller, Ryan	SR-4	St. John's (Minn.)	6.93	Gopher Classic	Feb 5, 2022
4	Marsh, Anthony	FR-1	Concordia-Moorhead	7.01	Bison Open	Feb 4, 2022
5	Kiehne, Carson	FR-1	Gustavus Adolphus	7.10	Ted Nelson Classic	Feb 5, 2022
6	Kern, Tommy	FR-1	Concordia-Moorhead	7.13	UND Open	Jan 28, 2022
6	Conneh, Varney	JR-3	Augsburg	7.13	MIAC Indoor Championships	Feb 24, 2022
6	Lord, Demetri	FR-1	St. Olaf	7.13	MIAC Indoor Championships	Feb 24, 2022
6	Petersen, Maguire	SO-2	St. John's (Minn.)	7.13	MIAC Indoor Championships	Feb 24, 2022
10	Diedrich, Sean	FR-1	St. Scholastica	7.15	Maday Classic	Feb 12, 2022
10	Conteh, Colin	SO-2	Concordia-Moorhead	7.15	Dakota Alumni Classic	Dec 3, 2021
12	Young, Jack	JR-3	St. John's (Minn.)	7.16	CSB / SJU Invitational	Feb 12, 2022
13	McConnell, Cameron	FR-1	Bethel (Minn.)	7.18	Gene Glader Classic	Feb 5, 2022
14	Morical, Nolan	FR-1	Concordia-Moorhead	7.20	MIAC Indoor Championships	Feb 24, 2022
14	Arnold, Dylan	FR-1	St. Olaf	7.20	MIAC Indoor Championships	Feb 24, 2022
16	Anderson, Grant	SO-2	Concordia-Moorhead	7.21	UND Tune-Up	Feb 19, 2022
17	Doyle, Cort	FR-1	Bethel (Minn.)	7.22	Gene Glader Classic	Feb 5, 2022
17	Peal, David	JR-3	Gustavus Adolphus	7.22	St. Olaf Quad and Multi Events	Jan 28, 2022
17	Subah, Isaiah	FR-1	Gustavus Adolphus	7.22	Ted Nelson Classic	Feb 5, 2022
20	Le, Nathan	FR-1	Gustavus Adolphus	7.24	St. Olaf Quad and Multi Events	Jan 28, 2022
21	Christoph, Oscar	JR-3	Carleton	7.27	St. Olaf Ole Opener	Jan 14, 2022
22	Skelly, Matthew	FR-1	Gustavus Adolphus	7.28	Mark Miller Invite	Feb 18, 2022
23	Busby, Taron	SR-4	Augsburg	7.31	MIAC Indoor Championships	Feb 24, 2022
23	Edwards, Nick	SR-4	St. Olaf	7.31	St. Olaf Quad and Multi Events	Jan 28, 2022
25	Barrett, Nick	FR-1	Gustavus Adolphus	7.32	Carleton Meet of Hearts	Feb 12, 2022
26	Quiring, Wyatt	JR-3	Gustavus Adolphus	7.33	Vanessa Seljeskog Classic	Jan 22, 2022
27	Doe, Brandon	FR-1	Augsburg	7.34	Snowshoe Open	Feb 18, 2022
28	Wilkins, Tae'Vion	FR-1	Hamline	7.35	Carleton Meet of Hearts	Feb 12, 2022
29	Makori, Hillary	FR-1	St. John's (Minn.)	7.36	Mark Miller Invite	Feb 18, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
29	Smith, Albert	JR-3	Bethel (Minn.)	7.36	Snowshoe Open	Feb 18, 2022
29	Gish, Matt	JR-3	St. John's (Minn.)	7.36	CSB / SJU Invitational	Feb 12, 2022
29	Peper, Stephen	JR-3	St. Olaf	7.36	St. Olaf Quad and Multi Events	Jan 28, 2022
29	Kallstrom, Brandon	FR-1	Bethel (Minn.)	7.36	MIAC Indoor Championships	Feb 24, 2022
34	Schaffer, Dawson	SO-2	Concordia-Moorhead	7.37	Dakota Alumni Classic	Dec 3, 2021
35	Blasena, David	SO-2	St. Scholastica	7.39	The CSS Opener	Dec 11, 2021
36	Strupp, Coleton	JR-3	Saint Mary's (Minn.)	7.40	Twin Ports Invite	Jan 22, 2022
36	Peterson, Jericho	SO-2	St. Scholastica	7.40	Gene Glader Classic	Feb 5, 2022
36	Couper, David	FR-1	Hamline	7.40	Mark Schuck Open and Multi	Jan 28, 2022
39	Schegel, Abe	JR-3	Bethel (Minn.)	7.41	Vanessa Seljeskog Classic	Jan 22, 2022
40	Maroushek, Mack	JR-3	St. John's (Minn.)	7.43	Gopher Classic	Feb 5, 2022

200 Meters

	Athlete	Year	Team	Time	Meet	Meet Date	Wind
1	Eben Ebai, Samuel	SO-2	St. Scholastica	22.40	MIAC Indoor Championships	Feb 24, 2022	NWI
2	Wright, Cal	SR-4	Concordia-Moorhead	22.48	MIAC Indoor Championships	Feb 24, 2022	NWI
3	Kern, Tommy	FR-1	Concordia-Moorhead	22.66#	UND Open	Jan 28, 2022	NWI
4	Parent , Jacob	FR-1	Bethel (Minn.)	22.70	St. Olaf Quad and Multi Events	Jan 28, 2022	NWI
5	Young, Jack	JR-3	St. John's (Minn.)	22.73	MIAC Indoor Championships	Feb 24, 2022	NWI
6	Arthur, Kevin	SO-2	St. John's (Minn.)	22.76	MIAC Indoor Championships	Feb 24, 2022	NWI
7	Heitler, Arlo	FR-1	Macalester	22.82	CSB / SJU Triangular	Jan 29, 2022	NWI
8	Sampson, Josh	SO-2	Bethel (Minn.)	22.84	St. Olaf Quad and Multi Events	Jan 28, 2022	NWI
9	Smith, Joel	JR-3	Bethel (Minn.)	22.87	Vanessa Seljeskog Classic	Jan 22, 2022	NWI
10	Quiring, Wyatt	JR-3	Gustavus Adolphus	22.88	Chuck Petersen Open	Dec 4, 2021	NWI
11	Kiehne, Carson	FR-1	Gustavus Adolphus	22.89	Vanessa Seljeskog Classic	Jan 22, 2022	NWI
12	Thomsen, Josh	FR-1	Hamline	22.92	Carleton Tri	Jan 21, 2022	NWI
13	Jackson, Garrett	JR-3	Saint Mary's (Minn.)	23.02	Carleton Meet of Hearts	Feb 12, 2022	NWI
14	Christoph, Oscar	JR-3	Carleton	23.22	Ted Nelson Classic	Feb 5, 2022	NWI
15	Miller, Ryan	SR-4	St. John's (Minn.)	23.29	Mark Miller Invite	Feb 18, 2022	NWI
16	Le, Nathan	FR-1	Gustavus Adolphus	23.31	Ted Nelson Classic	Feb 5, 2022	NWI
17	Tiongson, Trevor	FR-1	Concordia-Moorhead	23.36	Wartburg Qualifier	Mar 4, 2022	NWI
18	Collison, Omavi	JR-3	St. John's (Minn.)	23.39	CSB / SJU Triangular	Jan 29, 2022	NWI
19	Diedrich, Sean	FR-1	St. Scholastica	23.43	Mark Miller Invite	Feb 18, 2022	NWI
20	Lord, Demetri	FR-1	St. Olaf	23.45	Gopher Classic	Feb 5, 2022	NWI
21	Morical, Nolan	FR-1	Concordia-Moorhead	23.46	Bison Open	Feb 4, 2022	NWI

	Athlete	Year	Team	Time	Meet	Meet Date	Wind
22	Schuller, Colin	SR-4	Concordia-Moorhead	23.48	Bison Open	Feb 4, 2022	NWI
23	Forbes, Duncan	JR-3	St. Olaf	23.53	Carleton Tri	Jan 21, 2022	NWI
24	Braun, Alec	FR-1	Bethel (Minn.)	23.55	Snowshoe Open	Feb 18, 2022	NWI
25	Valdez, Nolan	FR-1	Concordia-Moorhead	23.58	Cobber Open	Jan 22, 2022	NWI
25	Adamson, Oliver	FR-1	Saint Mary's (Minn.)	23.58	Mark Miller Invite	Feb 18, 2022	NWI
27	Zeitchick, Seth	SO-2	Gustavus Adolphus	23.62	Mark Miller Invite	Feb 18, 2022	NWI
28	Ekiyor, Jayson	FR-1	Bethel (Minn.)	23.63	Stout Quad	Feb 11, 2022	NWI
29	Lee, Josh	FR-1	Bethel (Minn.)	23.65	Snowshoe Open	Feb 18, 2022	NWI
30	Gagnon, Hayden	SR-4	Concordia-Moorhead	23.70	Wartburg Qualifier	Mar 4, 2022	NWI
30	Subah, Isaiah	FR-1	Gustavus Adolphus	23.70#	SDSU Indoor Classic	Feb 11, 2022	NWI
30	Peterson, Jericho	SO-2	St. Scholastica	23.70	Warren Bowlus Multi & Open	Jan 28, 2022	NWI
33	Schaffer, Dawson	SO-2	Concordia-Moorhead	23.74	Bison Open	Feb 4, 2022	NWI
34	Cattoor, Seth	JR-3	St. John's (Minn.)	23.75	MIAC Indoor Championships	Feb 24, 2022	NWI
35	Renner, Ben	SO-2	St. Scholastica	23.76	The CSS Opener	Dec 11, 2021	NWI
36	Wang, Jeff	FR-1	Macalester	23.77	St. Olaf Men's Tostrud Classic	Feb 19, 2022	NWI
37	Doyle, Cort	FR-1	Bethel (Minn.)	23.84	St. Olaf Quad and Multi Events	Jan 28, 2022	NWI
38	Myres, David	FR-1	Bethel (Minn.)	23.88	Vanessa Seljeskog Classic	Jan 22, 2022	NWI
39	McConnell, Cameron	FR-1	Bethel (Minn.)	23.93	St. Olaf Quad and Multi Events	Jan 28, 2022	NWI
40	Busby, Taron	SR-4	Augsburg	24.02	Snowshoe Open	Feb 18, 2022	NWI

400 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Kern, Tommy	FR-1	Concordia-Moorhead	48.77	Bison Open	Feb 4, 2022
2	Wright, Cal	SR-4	Concordia-Moorhead	48.82	NCAA Division III Indoor Track & Field Championships	Mar 11, 2022
3	Parent , Jacob	FR-1	Bethel (Minn.)	49.45	Wartburg Qualifier	Mar 4, 2022
4	Smith, Joel	JR-3	Bethel (Minn.)	49.46	Wartburg Qualifier	Mar 4, 2022
5	Heitler, Arlo	FR-1	Macalester	50.36	MIAC Indoor Championships	Feb 24, 2022
6	Quiring, Wyatt	JR-3	Gustavus Adolphus	50.47#	SDSU Indoor Classic	Feb 11, 2022
7	Kiehne, Carson	FR-1	Gustavus Adolphus	50.92	Jack Johnson Classic	Jan 28, 2022
8	Labine, Brady	JR-3	St. John's (Minn.)	50.98	CSB / SJU Triangular	Jan 29, 2022
9	Sealock, Tyler	JR-3	Bethel (Minn.)	51.07	MIAC Indoor Championships	Feb 24, 2022
10	Gagnon, Hayden	SR-4	Concordia-Moorhead	51.09	Wartburg Qualifier	Mar 4, 2022
11	Walton, Lukas	JR-3	Bethel (Minn.)	51.51	Gene Glader Classic	Feb 5, 2022
12	Thomsen, Josh	FR-1	Hamline	51.56	Gene Glader Classic	Feb 5, 2022
13	Jackson, Garrett	JR-3	Saint Mary's (Minn.)	51.64	Mark Miller Invite	Feb 18, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
14	Collison, Omavi	JR-3	St. John's (Minn.)	51.67	MIAC Indoor Championships	Feb 24, 2022
15	Tiongson, Trevor	FR-1	Concordia-Moorhead	51.70	Wartburg Qualifier	Mar 4, 2022
16	Zeitchick, Seth	SO-2	Gustavus Adolphus	51.76	MIAC Indoor Championships	Feb 24, 2022
17	Schuller, Colin	SR-4	Concordia-Moorhead	51.97#	UND Open	Jan 28, 2022
18	Wang, Jeff	FR-1	Macalester	52.18	Carleton Meet of Hearts	Feb 12, 2022
19	Kinnucan, Ryan	SR-4	Macalester	52.48	St. Olaf Men's Tostrud Classic	Feb 19, 2022
20	Hernandez, Jorge	FR-1	St. John's (Minn.)	52.53	Mark Miller Invite	Feb 18, 2022
21	Rives, Bridger	JR-3	Carleton	52.58	Mark Miller Invite	Feb 18, 2022
22	Hensel, Alexei	SO-2	St. John's (Minn.)	52.83	CSB / SJU Triangular	Jan 29, 2022
23	Forbes, Duncan	JR-3	St. Olaf	52.94	Carleton Tri	Jan 21, 2022
24	Peterson, Jericho	SO-2	St. Scholastica	52.95	Twin Ports Invite	Jan 22, 2022
25	Douglas, Derek	FR-1	St. Scholastica	52.96	Twin Ports Invite	Jan 22, 2022
26	Gunderson, Tyler	FR-1	St. Olaf	52.98	Gopher Classic	Feb 5, 2022
27	Oviguian, Peter	FR-1	Gustavus Adolphus	53.28	MIAC Indoor Championships	Feb 24, 2022
28	Bashir, Yahya	FR-1	Gustavus Adolphus	53.38	MIAC Indoor Championships	Feb 24, 2022
29	Schaffer, Dawson	SO-2	Concordia-Moorhead	53.46	CSB / SJU Invitational	Feb 12, 2022
30	Christoph, Oscar	JR-3	Carleton	53.53	Mark Schuck Open and Multi	Jan 28, 2022
30	Kennedy, Liam	FR-1	Carleton	53.53	Carleton Meet of Hearts	Feb 12, 2022
32	Maroushek, Mack	JR-3	St. John's (Minn.)	53.58	CSB / SJU Invitational	Feb 12, 2022
33	Mutleg, Albara	SO-2	Concordia-Moorhead	53.61#	UND Tune-Up	Feb 19, 2022
34	Longs Jr., Sharrod	FR-1	Augsburg	53.73	Snowshoe Open	Feb 18, 2022
35	Landherr, Fritz	JR-3	Augsburg	53.76	Snowshoe Open	Feb 18, 2022
36	Stuber, Matthew	SO-2	St. Scholastica	53.95	The CSS Opener	Dec 11, 2021
37	Gushwa, Agro	FR-1	Gustavus Adolphus	53.97	Minnesota State Invitational	Jan 14, 2022
38	Deutschlander, Pierre	SO-2	St. John's (Minn.)	54.08	CSB / SJU Invitational	Feb 12, 2022
39	Karngar, Trokon	JR-3	Bethel (Minn.)	54.09	Stout Quad	Feb 11, 2022
40	Moeller, Calvin	FR-1	Gustavus Adolphus	54.10	Carleton Meet of Hearts	Feb 12, 2022

600 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Kern, Tommy	FR-1	Concordia-Moorhead	1:20.31	MIAC Indoor Championships	Feb 24, 2022
2	Middendorf, Jesse	SR-4	Concordia-Moorhead	1:21.40	Cobber Open	Jan 22, 2022
3	Smith, Joel	JR-3	Bethel (Minn.)	1:21.69	MIAC Indoor Championships	Feb 24, 2022
4	Ash, Ethan	FR-1	Carleton	1:23.35	St. Olaf Men's Tostrud Classic	Feb 19, 2022
5	Johnson, Solomon	SR-4	Concordia-Moorhead	1:24.07	MIAC Indoor Championships	Feb 24, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
6	Malek, Luke	JR-3	St. Olaf	1:24.38	Gopher Classic	Feb 5, 2022
7	Rives, Bridger	JR-3	Carleton	1:24.47	MIAC Indoor Championships	Feb 24, 2022
8	Smith, Tyler	FR-1	Gustavus Adolphus	1:24.52	St. Olaf Quad and Multi Events	Jan 28, 2022
9	Fuller, Blake	FR-1	Gustavus Adolphus	1:24.69	St. Olaf Quad and Multi Events	Jan 28, 2022
10	Johnson, Noah	JR-3	Gustavus Adolphus	1:24.88	MIAC Indoor Championships	Feb 24, 2022
11	Douglas, Derek	FR-1	St. Scholastica	1:24.96	MIAC Indoor Championships	Feb 24, 2022
12	Labine, Brady	JR-3	St. John's (Minn.)	1:25.07	MIAC Indoor Championships	Feb 24, 2022
13	Smith , Nathan	FR-1	Bethel (Minn.)	1:25.59	St. Olaf Quad and Multi Events	Jan 28, 2022
14	Marble, Jack	SO-2	Gustavus Adolphus	1:25.91	MIAC Indoor Championships	Feb 24, 2022
15	Asfaw, Getinat	SO-2	Augsburg	1:26.10	MIAC Indoor Championships	Feb 24, 2022
16	Schmidt, Otto	FR-1	St. Olaf	1:26.42	MIAC Indoor Championships	Feb 24, 2022
17	Brindamour, Isaiah	SO-2	Saint Mary's (Minn.)	1:26.58	MIAC Indoor Championships	Feb 24, 2022
18	Rupnow, Markus	FR-1	Gustavus Adolphus	1:26.60	St. Olaf Quad and Multi Events	Jan 28, 2022
19	Kennedy, Liam	FR-1	Carleton	1:27.37	Mark Miller Invite	Feb 18, 2022
20	Oviguian, Peter	FR-1	Gustavus Adolphus	1:27.59	MIAC Indoor Championships	Feb 24, 2022
21	Gilbertson, Henrik	JR-3	St. Olaf	1:27.70	Carleton Tri	Jan 21, 2022
21	McNall, Spencer	SR-4	Macalester	1:27.70	St. Olaf Men's Tostrud Classic	Feb 19, 2022
23	Ali, Kalid	FR-1	Macalester	1:27.87	Macalester Invitational	Feb 4, 2022
24	Gunderson, Tyler	FR-1	St. Olaf	1:28.18	St. Olaf Men's Tostrud Classic	Feb 19, 2022
25	Kringler, Justin	SR-4	Concordia-Moorhead	1:28.24	Bison Open	Feb 4, 2022
26	Bosley, Mason	JR-3	Macalester	1:28.56	St. Olaf Men's Tostrud Classic	Feb 19, 2022
27	Scheider, Daniel	SO-2	Carleton	1:28.58	Carleton Tri	Jan 21, 2022
28	Zahrbock, Simon	JR-3	Concordia-Moorhead	1:28.66#	UND Tune-Up	Feb 19, 2022
29	Bartel, Jens	FR-1	Carleton	1:28.71	Carleton Tri	Jan 21, 2022
30	Berg, Riley	SO-2	St. John's (Minn.)	1:28.72	Gopher Classic	Feb 5, 2022
31	Gushwa, Agro	FR-1	Gustavus Adolphus	1:28.75	Ted Nelson Classic	Feb 5, 2022
32	Hernandez, Jorge	FR-1	St. John's (Minn.)	1:28.81	CSB / SJU Invitational	Feb 12, 2022
33	Stewart, Tad	SO-2	Bethel (Minn.)	1:29.10	St. Olaf Quad and Multi Events	Jan 28, 2022
34	Kuecker, Gabe	FR-1	Bethel (Minn.)	1:29.12	Vanessa Seljeskog Classic	Jan 22, 2022
35	Wilson, Dan	SR-4	Concordia-Moorhead	1:29.25	Bison Open	Feb 4, 2022
36	Diercks, Korrigan	FR-1	Gustavus Adolphus	1:29.58	Vanessa Seljeskog Classic	Jan 22, 2022
37	Bashir, Yahya	FR-1	Gustavus Adolphus	1:29.65	Ted Nelson Classic	Feb 5, 2022
38	Schulze, Sam	FR-1	Gustavus Adolphus	1:29.71	Carleton Meet of Hearts	Feb 12, 2022
39	Marble, Sam	SO-2	Gustavus Adolphus	1:29.88	Mark Miller Invite	Feb 18, 2022
40	Appel, Aidan	FR-1	Macalester	1:29.96	St. Olaf Men's Tostrud Classic	Feb 19, 2022

800 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Middendorf, Jesse	SR-4	Concordia-Moorhead	1:53.23	MIAC Indoor Championships	Feb 24, 2022
2	Ash, Ethan	FR-1	Carleton	1:56.31	MIAC Indoor Championships	Feb 24, 2022
3	Allen, Tommy	FR-1	St. John's (Minn.)	1:56.42	Mark Miller Invite	Feb 18, 2022
4	Meier, Josh	FR-1	Carleton	1:57.87	MIAC Indoor Championships	Feb 24, 2022
5	Hensel, Alexei	SO-2	St. John's (Minn.)	1:57.95	MIAC Indoor Championships	Feb 24, 2022
6	Smith, Tyler	FR-1	Gustavus Adolphus	1:58.88	Mark Miller Invite	Feb 18, 2022
7	Perry, Ben	JR-3	Carleton	1:59.11	Mark Miller Invite	Feb 18, 2022
8	Pattison, Alistair	FR-1	Carleton	1:59.77	MIAC Indoor Championships	Feb 24, 2022
9	Fuller, Blake	FR-1	Gustavus Adolphus	1:59.97	MIAC Indoor Championships	Feb 24, 2022
10	Malek, Luke	JR-3	St. Olaf	2:00.13	St. Olaf Quad and Multi Events	Jan 28, 2022
10	Hussien, Sakariya	JR-3	Augsburg	2:00.13	MIAC Indoor Championships	Feb 24, 2022
12	Boone, Calvin	FR-1	St. Scholastica	2:00.15	Twin Ports Invite	Jan 22, 2022
13	Johnson, Solomon	SR-4	Concordia-Moorhead	2:00.43	MIAC Indoor Championships	Feb 24, 2022
14	Marsh, Jackson	FR-1	St. Olaf	2:00.67	Gopher Classic	Feb 5, 2022
15	Bartel, Jens	FR-1	Carleton	2:00.91	MIAC Indoor Championships	Feb 24, 2022
16	Laughlin, Jonathan	JR-3	St. Scholastica	2:01.26	Maday Classic	Feb 12, 2022
16	Degonda, Jack	JR-3	Gustavus Adolphus	2:01.26	Ted Nelson Classic	Feb 5, 2022
18	Smith , Nathan	FR-1	Bethel (Minn.)	2:01.31	Gene Glader Classic	Feb 5, 2022
19	Rupnow, Markus	FR-1	Gustavus Adolphus	2:01.38	Ted Nelson Classic	Feb 5, 2022
20	Douglas, Derek	FR-1	St. Scholastica	2:01.46	Maday Classic	Feb 12, 2022
21	Jones, Elijah	SO-2	Carleton	2:01.48	St. Olaf Men's Tostrud Classic	Feb 19, 2022
22	Neu, Nathan	FR-1	St. Scholastica	2:01.51	Maday Classic	Feb 12, 2022
23	Marble, Jack	SO-2	Gustavus Adolphus	2:01.86	Minnesota State Invitational	Jan 14, 2022
24	Brindamour, Isaiah	SO-2	Saint Mary's (Minn.)	2:02.23	Carleton Meet of Hearts	Feb 12, 2022
25	Berg, Riley	SO-2	St. John's (Minn.)	2:02.28	MIAC Indoor Championships	Feb 24, 2022
26	Asfaw, Getinat	SO-2	Augsburg	2:02.30	MIAC Indoor Championships	Feb 24, 2022
27	Mattock, Will	SO-2	St. John's (Minn.)	2:02.37	Mark Miller Invite	Feb 18, 2022
28	Ali, Kalid	FR-1	Macalester	2:02.38	Vanessa Seljeskog Classic	Jan 22, 2022
29	Kraatz, Henry	FR-1	St. Olaf	2:02.66	MIAC Indoor Championships	Feb 24, 2022
30	Diercks, Korrigan	FR-1	Gustavus Adolphus	2:02.67	Carleton Meet of Hearts	Feb 12, 2022
31	Clausing, Nathan	SO-2	St. John's (Minn.)	2:02.73	Mark Miller Invite	Feb 18, 2022
32	Wallin, Tucker	SO-2	Gustavus Adolphus	2:03.09	Ted Nelson Classic	Feb 5, 2022
33	Scheider, Daniel	SO-2	Carleton	2:03.18	St. Olaf Men's Tostrud Classic	Feb 19, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
34	Gilbertson, Henrik	JR-3	St. Olaf	2:03.20	St. Olaf Ole Opener	Jan 14, 2022
35	Kuecker, Gabe	FR-1	Bethel (Minn.)	2:03.22	Snowshoe Open	Feb 18, 2022
36	Hansen, Marcus	FR-1	Gustavus Adolphus	2:03.74	Ted Nelson Classic	Feb 5, 2022
37	Stewart, Tad	SO-2	Bethel (Minn.)	2:04.02	Snowshoe Open	Feb 18, 2022
38	Rengo, Samuel	SO-2	St. John's (Minn.)	2:04.16	Mark Miller Invite	Feb 18, 2022
39	Christenson, Nolan	SR-4	Concordia-Moorhead	2:04.31#	UND Tune-Up	Feb 19, 2022
40	Nelson, Clark	FR-1	Bethel (Minn.)	2:04.33	Snowshoe Open	Feb 18, 2022

1000 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Middendorf, Jesse	SR-4	Concordia-Moorhead	2:28.73	MIAC Indoor Championships	Feb 24, 2022
2	Boone, Calvin	FR-1	St. Scholastica	2:29.53	Mark Miller Invite	Feb 18, 2022
3	Allen, Tommy	FR-1	St. John's (Minn.)	2:29.96	MIAC Indoor Championships	Feb 24, 2022
4	Kosche, Reuben	JR-3	St. Olaf	2:30.32	St. Olaf Men's Tostrud Classic	Feb 19, 2022
5	Ash, Ethan	FR-1	Carleton	2:31.06	Mark Miller Invite	Feb 18, 2022
6	Hussien, Sakariya	JR-3	Augsburg	2:32.66	MIAC Indoor Championships	Feb 24, 2022
7	Hensel, Alexei	SO-2	St. John's (Minn.)	2:33.31	MIAC Indoor Championships	Feb 24, 2022
8	Perry, Ben	JR-3	Carleton	2:33.42	MIAC Indoor Championships	Feb 24, 2022
9	Santos, Ben	JR-3	Carleton	2:33.62	Mark Miller Invite	Feb 18, 2022
10	Isahak, Munir	SR-4	Concordia-Moorhead	2:34.65#	SDSU Indoor Classic	Feb 11, 2022
11	Malek, Luke	JR-3	St. Olaf	2:34.88	Carleton Tri	Jan 21, 2022
12	Wallin, Tucker	SO-2	Gustavus Adolphus	2:35.58	MIAC Indoor Championships	Feb 24, 2022
13	Meier, Josh	FR-1	Carleton	2:35.66	MIAC Indoor Championships	Feb 24, 2022
14	Laughlin, Jonathan	JR-3	St. Scholastica	2:35.71	MIAC Indoor Championships	Feb 24, 2022
15	Neu, Nathan	FR-1	St. Scholastica	2:35.83	MIAC Indoor Championships	Feb 24, 2022
16	Ali, Kalid	FR-1	Macalester	2:35.96	MIAC Indoor Championships	Feb 24, 2022
17	Gilbertson, Henrik	JR-3	St. Olaf	2:36.31	St. Olaf Men's Tostrud Classic	Feb 19, 2022
18	Jones, Elijah	SO-2	Carleton	2:36.68	MIAC Indoor Championships	Feb 24, 2022
19	Massanari, Noah	SO-2	St. Olaf	2:37.00	Carleton Tri	Jan 21, 2022
20	Degonda, Jack	JR-3	Gustavus Adolphus	2:37.45	Mark Miller Invite	Feb 18, 2022
21	Kraatz, Henry	FR-1	St. Olaf	2:37.99	St. Olaf Men's Tostrud Classic	Feb 19, 2022
22	Lavey, Stephen	JR-3	Carleton	2:38.51	Carleton Tri	Jan 21, 2022
23	Adams, Brock	FR-1	Macalester	2:38.56	MIAC Indoor Championships	Feb 24, 2022
23	Marsh, Jackson	FR-1	St. Olaf	2:38.56	Carleton Tri	Jan 21, 2022
25	Mattock, Will	SO-2	St. John's (Minn.)	2:39.13	MIAC Indoor Championships	Feb 24, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
26	Bartel, Jens	FR-1	Carleton	2:39.21	MIAC Indoor Championships	Feb 24, 2022
27	Sagedahl, Penn	SO-2	St. Olaf	2:39.27	Carleton Tri	Jan 21, 2022
28	Pattison, Alistair	FR-1	Carleton	2:39.34	Mark Miller Invite	Feb 18, 2022
29	LaVigne, Trevor	SO-2	Gustavus Adolphus	2:39.79	Mark Miller Invite	Feb 18, 2022
30	Watts, Avery	SO-2	Carleton	2:40.37	Mark Schuck Open and Multi	Jan 28, 2022
31	Useche, Mateo	SO-2	Macalester	2:40.70	St. Olaf Men's Tostrud Classic	Feb 19, 2022
32	Brodie, Aric	JR-3	Hamline	2:40.82	Carleton Tri	Jan 21, 2022
33	Hartney, Sean	FR-1	St. Olaf	2:41.21	St. Olaf Men's Tostrud Classic	Feb 19, 2022
34	Johnson, Solomon	SR-4	Concordia-Moorhead	2:41.22#	UND Open	Jan 28, 2022
35	Crotteau, Ben	FR-1	Macalester	2:41.43	Macalester Invitational	Feb 4, 2022
36	Walton, Lukas	JR-3	Bethel (Minn.)	2:41.57	NCAA Division III Indoor Track & Field Championships	Mar 11, 2022
37	Graber, Grant	FR-1	Bethel (Minn.)	2:41.67	Gene Glader Classic	Feb 5, 2022
38	Christenson, Nolan	SR-4	Concordia-Moorhead	2:42.08	Bison Open	Feb 4, 2022
39	Rengo, Samuel	SO-2	St. John's (Minn.)	2:42.13	CSB / SJU Invitational	Feb 12, 2022
40	Thomas, Aidan	FR-1	St. John's (Minn.)	2:42.15	CSB / SJU Invitational	Feb 12, 2022

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	Athlete	Year	Team	Time	Meet	Meet Date
1	Young, Lloyd	SO-2	St. John's (Minn.)	4:13.79	Gopher Classic	Feb 5, 2022
2	Boone, Calvin	FR-1	St. Scholastica	4:14.28	MIAC Indoor Championships	Feb 24, 2022
3	Isahak, Munir	SR-4	Concordia-Moorhead	4:14.52#	UND Tune-Up	Feb 19, 2022
4	Kosche, Reuben	JR-3	St. Olaf	4:16.10	MIAC Indoor Championships	Feb 24, 2022
5	Curtis, Ian	FR-1	St. Olaf	4:16.12	Gopher Classic	Feb 5, 2022
6	Grand, Mitchell	SO-2	St. John's (Minn.)	4:17.24	Gopher Classic	Feb 5, 2022
7	Wallin, Tucker	SO-2	Gustavus Adolphus	4:17.52	MIAC Indoor Championships	Feb 24, 2022
8	Santos, Ben	JR-3	Carleton	4:17.73	MIAC Indoor Championships	Feb 24, 2022
9	Cassidy, Elliott	JR-3	St. Olaf	4:18.54	Gopher Classic	Feb 5, 2022
10	Lavey, Stephen	JR-3	Carleton	4:19.27	Carleton Tri	Jan 21, 2022
11	Allen, Tommy	FR-1	St. John's (Minn.)	4:21.61	Gopher Classic	Feb 5, 2022
12	Massanari, Noah	SO-2	St. Olaf	4:22.43	MIAC Indoor Championships	Feb 24, 2022
13	Ash, Ethan	FR-1	Carleton	4:23.35	Carleton Meet of Hearts	Feb 12, 2022
14	Hussien, Sakariya	JR-3	Augsburg	4:24.05	Gopher Classic	Feb 5, 2022
15	Hensel, Alexei	SO-2	St. John's (Minn.)	4:24.27	Gopher Classic	Feb 5, 2022
16	Hinchcliffe, Henry	FR-1	Gustavus Adolphus	4:24.51	Carleton Meet of Hearts	Feb 12, 2022
17	Laughlin, Jonathan	JR-3	St. Scholastica	4:24.70	Mark Miller Invite	Feb 18, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
18	Diekmann, Dillon	JR-3	St. John's (Minn.)	4:25.17	MIAC Indoor Championships	Feb 24, 2022
19	Neu, Nathan	FR-1	St. Scholastica	4:25.82	MIAC Indoor Championships	Feb 24, 2022
20	Watts, Avery	SO-2	Carleton	4:26.27	MIAC Indoor Championships	Feb 24, 2022
20	Middendorf, Jesse	SR-4	Concordia-Moorhead	4:26.27#	UND Open	Jan 28, 2022
22	Degonda, Jack	JR-3	Gustavus Adolphus	4:26.59	MIAC Indoor Championships	Feb 24, 2022
23	Nakasaka, Adam	JR-3	Carleton	4:27.67	Carleton Meet of Hearts	Feb 12, 2022
24	Munoz, Julian	SO-2	St. Olaf	4:28.05	Gopher Classic	Feb 5, 2022
25	Meyer, Nathan	JR-3	St. John's (Minn.)	4:28.15	MIAC Indoor Championships	Feb 24, 2022
26	Gilbertson, Henrik	JR-3	St. Olaf	4:29.25	St. Olaf Quad and Multi Events	Jan 28, 2022
27	Coffey, Olaf	FR-1	St. Olaf	4:29.56	MIAC Indoor Championships	Feb 24, 2022
28	LaVigne, Trevor	SO-2	Gustavus Adolphus	4:29.80	MIAC Indoor Championships	Feb 24, 2022
29	Schnirring, Lucas	JR-3	Gustavus Adolphus	4:30.15	Mark Miller Invite	Feb 18, 2022
30	Bowman, Henry	SO-2	Carleton	4:30.34	Carleton Tri	Jan 21, 2022
31	Jones, Elijah	SO-2	Carleton	4:31.73	Ted Nelson Classic	Feb 5, 2022
32	Ihrke, Nick	FR-1	Macalester	4:31.90	MIAC Indoor Championships	Feb 24, 2022
33	Narum, Anders	JR-3	St. Olaf	4:31.93	MIAC Indoor Championships	Feb 24, 2022
34	Crotteau, Ben	FR-1	Macalester	4:32.07	St. Olaf Men's Tostrud Classic	Feb 19, 2022
35	Melville, Chris	FR-1	Carleton	4:32.37	Mark Schuck Open and Multi	Jan 28, 2022
36	Olsson, Tor	FR-1	Macalester	4:33.31	Carleton Meet of Hearts	Feb 12, 2022
37	Brodie, Aric	JR-3	Hamline	4:33.33#	SDSU Indoor Classic	Feb 11, 2022
38	Useche, Mateo	SO-2	Macalester	4:33.42	MIAC Indoor Championships	Feb 24, 2022
39	Grant, Garet	JR-3	Gustavus Adolphus	4:33.58	Minnesota State Invitational	Jan 14, 2022
40	Smith, Tyler	FR-1	Gustavus Adolphus	4:33.79	Minnesota State Invitational	Jan 14, 2022

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	Athlete	Year	Team	Time	Meet	Meet Date
1	Lavey, Stephen	JR-3	Carleton	8:20.08	Carleton Meet of Hearts	Feb 12, 2022
2	Isahak, Munir	SR-4	Concordia-Moorhead	8:20.48	MIAC Indoor Championships	Feb 24, 2022
3	Kosche, Reuben	JR-3	St. Olaf	8:22.08	MIAC Indoor Championships	Feb 24, 2022
4	Curtis, Ian	FR-1	St. Olaf	8:23.06	MIAC Indoor Championships	Feb 24, 2022
5	Boone, Calvin	FR-1	St. Scholastica	8:31.14	Warren Bowlus Multi & Open	Jan 28, 2022
6	Young, Lloyd	SO-2	St. John's (Minn.)	8:31.25#	SDSU Indoor Classic	Feb 11, 2022
7	Grand, Mitchell	SO-2	St. John's (Minn.)	8:33.37	MIAC Indoor Championships	Feb 24, 2022
8	Kelly, Will	FR-1	St. Olaf	8:35.02	MIAC Indoor Championships	Feb 24, 2022
9	Santos, Ben	JR-3	Carleton	8:39.34	Carleton Meet of Hearts	Feb 12, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
10	Bowman, Henry	SO-2	Carleton	8:40.35	Carleton Meet of Hearts	Feb 12, 2022
11	Melville, Chris	FR-1	Carleton	8:40.45	MIAC Indoor Championships	Feb 24, 2022
12	Nakasaka, Adam	JR-3	Carleton	8:40.71	MIAC Indoor Championships	Feb 24, 2022
13	Bocovich, Logan	SO-2	St. Olaf	8:45.83	MIAC Indoor Championships	Feb 24, 2022
14	Hinchcliffe, Henry	FR-1	Gustavus Adolphus	8:46.61#	SDSU Indoor Classic	Feb 11, 2022
15	Lynn, David	FR-1	St. Olaf	8:47.31	Gopher Classic	Feb 5, 2022
16	Ellefson-Carnes, Arne	SO-2	St. Olaf	8:48.20	St. Olaf Men's Tostrud Classic	Feb 19, 2022
17	Lee, Joe	FR-1	Concordia-Moorhead	8:52.51	Bison Open	Feb 4, 2022
18	Mendel, Ike	JR-3	Bethel (Minn.)	8:52.80	MIAC Indoor Championships	Feb 24, 2022
19	Allen, Tommy	FR-1	St. John's (Minn.)	8:53.38	CSB / SJU Triangular	Jan 29, 2022
20	Knutson, Bryce	JR-3	Gustavus Adolphus	8:54.99	St. Olaf Quad and Multi Events	Jan 28, 2022
21	Diekmann, Dillon	JR-3	St. John's (Minn.)	8:55.10	MIAC Indoor Championships	Feb 24, 2022
22	Grant, Garet	JR-3	Gustavus Adolphus	8:55.32	MIAC Indoor Championships	Feb 24, 2022
23	Cavanaugh, Eamon	FR-1	St. John's (Minn.)	8:55.55	MIAC Indoor Championships	Feb 24, 2022
24	Munoz, Julian	SO-2	St. Olaf	8:55.64	MIAC Indoor Championships	Feb 24, 2022
25	Meyer, Nathan	JR-3	St. John's (Minn.)	8:55.84	MIAC Indoor Championships	Feb 24, 2022
26	Grove, Carter	FR-1	St. John's (Minn.)	8:56.00	CSB / SJU Triangular	Jan 29, 2022
27	Crotteau, Ben	FR-1	Macalester	8:56.35	Carleton Meet of Hearts	Feb 12, 2022
28	Watts, Avery	SO-2	Carleton	8:56.47	Carleton Meet of Hearts	Feb 12, 2022
29	Nemanich, Thomas	SO-2	St. John's (Minn.)	8:57.48	MIAC Indoor Championships	Feb 24, 2022
30	Schnirring, Lucas	JR-3	Gustavus Adolphus	8:58.00	MIAC Indoor Championships	Feb 24, 2022
31	Coffey, Olaf	FR-1	St. Olaf	8:58.04	Gopher Classic	Feb 5, 2022
32	Goldsmith, Andy	JR-3	St. John's (Minn.)	8:59.27	MIAC Indoor Championships	Feb 24, 2022
33	St George, Aidan	SO-2	Bethel (Minn.)	8:59.85	St. Olaf Quad and Multi Events	Jan 28, 2022
34	Brodie, Aric	JR-3	Hamline	9:01.78	MIAC Indoor Championships	Feb 24, 2022
35	Ihrke, Nick	FR-1	Macalester	9:02.25	Carleton Meet of Hearts	Feb 12, 2022
36	Jones, Elijah	SO-2	Carleton	9:02.93	Carleton Meet of Hearts	Feb 12, 2022
37	Sagedahl, Penn	SO-2	St. Olaf	9:04.02	Gopher Classic	Feb 5, 2022
38	Thompson, Reese	FR-1	Bethel (Minn.)	9:06.26	St. Olaf Quad and Multi Events	Jan 28, 2022
39	McKee, Reece	FR-1	Macalester	9:07.31	Carleton Meet of Hearts	Feb 12, 2022
40	Montresor, Kevin	SO-2	St. Olaf	9:07.32	St. Olaf Quad and Multi Events	Jan 28, 2022

5000 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Lavey, Stephen	JR-3	Carleton	14:31.30	MIAC Indoor Championships	Feb 24, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
2	Isahak, Munir	SR-4	Concordia-Moorhead	14:31.91	MIAC Indoor Championships	Feb 24, 2022
3	Kelly, Will	FR-1	St. Olaf	14:49.53	MIAC Indoor Championships	Feb 24, 2022
4	Skemp, Andrew	FR-1	St. Olaf	14:53.49	Wartburg Qualifier	Mar 4, 2022
5	Bowman, Henry	SO-2	Carleton	14:57.03	MIAC Indoor Championships	Feb 24, 2022
6	Bocovich, Logan	SO-2	St. Olaf	14:58.00	MIAC Indoor Championships	Feb 24, 2022
7	Nakasaka, Adam	JR-3	Carleton	14:58.38	MIAC Indoor Championships	Feb 24, 2022
8	Melville, Chris	FR-1	Carleton	15:18.74	MIAC Indoor Championships	Feb 24, 2022
9	Ellefson-Carnes, Arne	SO-2	St. Olaf	15:24.00	MIAC Indoor Championships	Feb 24, 2022
10	Boone, Calvin	FR-1	St. Scholastica	15:25.26	Chuck Petersen Open	Dec 4, 2021
11	Knutson, Bryce	JR-3	Gustavus Adolphus	15:25.54	MIAC Indoor Championships	Feb 24, 2022
12	Schnirring, Lucas	JR-3	Gustavus Adolphus	15:26.78	MIAC Indoor Championships	Feb 24, 2022
13	Lee, Joe	FR-1	Concordia-Moorhead	15:28.60	MIAC Indoor Championships	Feb 24, 2022
14	Montresor, Kevin	SO-2	St. Olaf	15:29.08	MIAC Indoor Championships	Feb 24, 2022
15	Goldsmith, Andy	JR-3	St. John's (Minn.)	15:34.45	CSB / SJU Invitational	Feb 12, 2022
16	Payne, Matt	SO-2	Gustavus Adolphus	15:39.81	MIAC Indoor Championships	Feb 24, 2022
17	Cote, Anders	FR-1	St. Olaf	15:40.62	St. Olaf Men's Tostrud Classic	Feb 19, 2022
18	Grant, Garet	JR-3	Gustavus Adolphus	15:44.18	Ted Nelson Classic	Feb 5, 2022
19	Thompson, Reese	FR-1	Bethel (Minn.)	15:51.40	Stout Quad	Feb 11, 2022
20	Cavanaugh, Eamon	FR-1	St. John's (Minn.)	15:52.36	MIAC Indoor Championships	Feb 24, 2022
21	Herzog, Jonah	SR-4	St. Olaf	15:57.39	Chuck Petersen Open	Dec 4, 2021
22	St George, Aidan	SO-2	Bethel (Minn.)	16:00.08	Stout Quad	Feb 11, 2022
23	Aoki-Sherwood, Ben	SO-2	Carleton	16:07.34	Ted Nelson Classic	Feb 5, 2022
24	McCullough, Logan	FR-1	Gustavus Adolphus	16:11.66#	SDSU Indoor Classic	Feb 11, 2022
25	Bartness, Dylan	FR-1	St. John's (Minn.)	16:20.09	CSB / SJU Invitational	Feb 12, 2022
26	Shufro-Zletz, Jesse	JR-3	Carleton	16:31.33	Ted Nelson Classic	Feb 5, 2022
27	Smith, Leo	SR-4	Concordia-Moorhead	16:47.12#	UND Tune-Up	Feb 19, 2022

60 Hurdles

	Athlete	Year	Team	Time	Meet	Meet Date
1	Ekiyor, Jayson	FR-1	Bethel (Minn.)	8.23	Gene Glader Classic	Feb 5, 2022
1	Thomsen, Josh	FR-1	Hamline	8.23	SDSU Indoor Classic	Feb 11, 2022
3	Sampson, Josh	SO-2	Bethel (Minn.)	8.27	Gene Glader Classic	Feb 5, 2022
4	Kramarczuk, Lucas	SO-2	St. Olaf	8.32	Wartburg Qualifier	Mar 4, 2022
5	Myres, David	FR-1	Bethel (Minn.)	8.41	MIAC Indoor Championships	Feb 24, 2022
6	Lord, Demetri	FR-1	St. Olaf	8.48	Wartburg Qualifier	Mar 4, 2022

	Athlete	Year	Team	Time	Meet	Meet Date
7	Stanke, Jared	SO-2	St. John's (Minn.)	8.68	MIAC Indoor Championships	Feb 24, 2022
8	Walton, Lukas	JR-3	Bethel (Minn.)	8.70	St. Olaf Quad and Multi Events	Jan 28, 2022
9	Petersen, Maguire	SO-2	St. John's (Minn.)	8.71	MIAC Indoor Championships	Feb 24, 2022
10	Doe, Brandon	FR-1	Augsburg	8.73	Snowshoe Open	Feb 18, 2022
11	White, Justus	SO-2	St. John's (Minn.)	8.82	MIAC Indoor Championships	Feb 24, 2022
12	Edwards, Nick	SR-4	St. Olaf	8.84	St. Olaf Ole Opener	Jan 14, 2022
12	Rhonemus, Wade	JR-3	Concordia-Moorhead	8.84	Wartburg Qualifier	Mar 4, 2022
14	Angstman, Zach	SR-4	Hamline	8.92	MIAC Indoor Championships	Feb 24, 2022
15	Hennen, Logan	FR-1	St. John's (Minn.)	9.06	MIAC Indoor Championships	Feb 24, 2022
16	Nissen, Matthew	FR-1	St. Olaf	9.09	St. Olaf Ole Opener	Jan 14, 2022
16	Smith, Micah	JR-3	Bethel (Minn.)	9.09	St. Olaf Quad and Multi Events	Jan 28, 2022
18	Day, Logan	JR-3	St. Olaf	9.10	Chuck Petersen Open	Dec 4, 2021
19	Peper, Stephen	JR-3	St. Olaf	9.16	St. Olaf Quad and Multi Events	Jan 28, 2022
20	Lee, Josh	FR-1	Bethel (Minn.)	9.20	Snowshoe Open	Feb 18, 2022
21	Mortensen, Ian	FR-1	Carleton	9.23	Carleton Tri	Jan 21, 2022
22	Borst, Layton	FR-1	St. Olaf	9.28	MIAC Indoor Championships	Feb 24, 2022
23	Lelwica, Max	FR-1	St. John's (Minn.)	9.30	MIAC Indoor Championships	Feb 24, 2022
24	Bassett, Jackson	FR-1	St. Olaf	9.49	MIAC Indoor Championships	Feb 24, 2022
25	Paustian, Zach	SR-4	Concordia-Moorhead	9.64	UND Tune-Up	Feb 19, 2022
26	Veimau, Justin	SO-2	Macalester	9.67	St. Olaf Men's Tostrud Classic	Feb 19, 2022
27	Rian, Woody	FR-1	St. Olaf	9.88	MIAC Indoor Championships	Feb 24, 2022
28	Magu, Dan	FR-1	Bethel (Minn.)	9.96	Snowshoe Open	Feb 18, 2022
29	Wellman , Trevor	FR-1	Bethel (Minn.)	10.09	MIAC Indoor Championships	Feb 24, 2022
30	Suchomel, Nick	FR-1	Macalester	10.14	CSB / SJU Triangular	Jan 29, 2022
31	Kienholz, Carter	FR-1	Hamline	10.18	Mark Miller Invite	Feb 18, 2022
32	Meeker, Caleb	FR-1	Bethel (Minn.)	10.19	Snowshoe Open	Feb 18, 2022
33	Kallstrom, Brandon	FR-1	Bethel (Minn.)	10.24	MIAC Indoor Championships	Feb 24, 2022
34	Schegel, Abe	JR-3	Bethel (Minn.)	10.88	MIAC Indoor Championships	Feb 24, 2022

4 x 200 Relay

	Team	Time	Athletes	Meet	Meet Date
1	Concordia-Moorhead	1:29.47	Wright, Tiongson, Kern, Schuller	MIAC Indoor Championships	Feb 24, 2022
2	St. John's (Minn.)	1:30.54	Cattoor, Arthur, Young, Collison	MIAC Indoor Championships	Feb 24, 2022
3	Gustavus Adolphus	1:31.54	Subah, Zeitchick, Kiehne, Quiring	Vanessa Seljeskog Classic	Jan 22, 2022
4	Bethel (Minn.)	1:33.02	Sealock, Myres, Braun, Doyle	MIAC Indoor Championships	Feb 24, 2022

	Team	Time	Athletes	Meet	Meet Date
5	Saint Mary's (Minn.)	1:33.33	Adamson, Jackson, Strupp, Cooper	Carleton Meet of Hearts	Feb 12, 2022
6	Macalester	1:33.96	Wang, Kinnucan, Arimi, Kogut	MIAC Indoor Championships	Feb 24, 2022
7	St. Olaf	1:34.20	Forbes, Fisher, Gunderson, McNearny	MIAC Indoor Championships	Feb 24, 2022
8	Hamline	1:34.91	Couper, Chose, Thomsen, Velishek	Gene Glader Classic	Feb 5, 2022
9	Augsburg	1:35.79		MIAC Indoor Championships	Feb 24, 2022
10	Carleton	1:36.06	Christoph, Shanno, Kennedy, Cline-Cole	Carleton Meet of Hearts	Feb 12, 2022

4 x 400 Relay

	Team	Time	Athletes	Meet	Meet Date
1	Concordia-Moorhead	3:16.87	Wright, Middendorf, Schuller, Kern	Wartburg Qualifier	Mar 4, 2022
2	Bethel (Minn.)	3:20.74	Parent, Myres, Sealock, Smith	Snowshoe Open	Feb 18, 2022
3	Macalester	3:26.56	Wang, Ali, Kinnucan, Heitler	MIAC Indoor Championships	Feb 24, 2022
4	St. John's (Minn.)	3:27.03	Hernandez, Collison, Allen, Labine	MIAC Indoor Championships	Feb 24, 2022
5	Carleton	3:27.30	Kennedy, Rives, Meier, Ash	MIAC Indoor Championships	Feb 24, 2022
6	Gustavus Adolphus	3:27.49	Zeitchick, Quiring, Smith, Kiehne	Ted Nelson Classic	Feb 5, 2022
7	St. Olaf	3:31.21	Gunderson, Malek, Nichols, Forbes	MIAC Indoor Championships	Feb 24, 2022
8	Saint Mary's (Minn.)	3:31.68	Adamson, Brindamour, Bulwa, Jackson	MIAC Indoor Championships	Feb 24, 2022
9	Augsburg	3:32.98	Longs Jr., Asfaw, Hussien, Landherr	MIAC Indoor Championships	Feb 24, 2022
10	St. Scholastica	3:35.46	Peterson, Neu, Boone, Douglas	Gene Glader Classic	Feb 5, 2022
11	Hamline	3:45.09	Velishek, Brodie, Chose, Ortiz	MIAC Indoor Championships	Feb 24, 2022

Distance Medley Relay

	Team	Time	Athletes	Meet	Meet Date
1	St. John's (Minn.)	10:05.89	Allen, Labine, Hensel, Grand	Wartburg Qualifier	Mar 4, 2022
2	Carleton	10:27.23	Perry, Rives, Jones, Santos	MIAC Indoor Championships	Feb 24, 2022
3	Gustavus Adolphus	10:31.52	Degonda, Smith, Fuller, Wallin	Ted Nelson Classic	Feb 5, 2022
4	St. Olaf	10:31.88	Gilbertson, Forbes, Sagedahl, Massanari	MIAC Indoor Championships	Feb 24, 2022
5	St. Scholastica	10:40.46	Laughlin, Douglas, Neu, Boone	MIAC Indoor Championships	Feb 24, 2022
6	Macalester	10:48.23	Adams, McNall, Ali, Crotteau	MIAC Indoor Championships	Feb 24, 2022
7	Augsburg	10:55.42	Asfaw, Landherr, Wondimu, Hussien	MIAC Indoor Championships	Feb 24, 2022
8	Bethel (Minn.)	10:57.26	Graber, Karngar, Kuecker, Meissner	MIAC Indoor Championships	Feb 24, 2022
9	Concordia-Moorhead	11:00.66	Nowacki, Mutleq, Olson, Christenson	MIAC Indoor Championships	Feb 24, 2022
10	Saint Mary's (Minn.)	11:21.56	Brindamour, Adamson, Johnson, Steinbrecher	MIAC Indoor Championships	Feb 24, 2022
11	Hamline	11:27.75	Saari, Ortiz, Artner, Kurtz	MIAC Indoor Championships	Feb 24, 2022

High Jump

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Petersen, Maguire	SO-2	St. John's (Minn.)	2.09m	6' 10.25"	MIAC Indoor Championships	Feb 24, 2022
2	Peper, Stephen	JR-3	St. Olaf	2.06m	6' 9"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
3	Ungar, Alec	FR-1	St. John's (Minn.)	1.96m	6' 5"	Mark Miller Invite	Feb 18, 2022
4	Walton, Lukas	JR-3	Bethel (Minn.)	1.94m	6' 4.25"	MIAC Indoor Championships	Feb 24, 2022
5	Marsh, Anthony	FR-1	Concordia-Moorhead	1.92m	6' 3.5"	Bison Open	Feb 4, 2022
6	Matetich, Cole	FR-1	Gustavus Adolphus	1.91m	6' 3.25"	MIAC Indoor Championships	Feb 24, 2022
6	Rademacher, Sam	JR-3	St. John's (Minn.)	1.91m	6' 3.25"	MIAC Indoor Championships	Feb 24, 2022
8	Bies, Danny	FR-1	Gustavus Adolphus	1.90m	6' 2.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
9	Johnsrud, Peyton	FR-1	Concordia-Moorhead	1.89m	6' 2.25"	Dakota Alumni Classic	Dec 3, 2021
10	Braun, Michael	FR-1	Hamline	1.88m	6' 2"	Mark Schuck Open and Multi	Jan 28, 2022
10	Braun, Alec	FR-1	Bethel (Minn.)	1.88m	6' 2"	Snowshoe Open	Feb 18, 2022
10	Velishek, Christian	SR-4	Hamline	1.88m	6' 2"	Carleton Meet of Hearts	Feb 12, 2022
13	Subramanian, Aravindh	SO-2	Carleton	1.86m	6' 1.25"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
14	Lord, Demetri	FR-1	St. Olaf	1.85m	6' 0.75"	MIAC Indoor Championships	Feb 24, 2022
15	Edwards, Nick	SR-4	St. Olaf	1.82m	5' 11.5"	MIAC Indoor Championships	Feb 24, 2022
16	White, Justus	SO-2	St. John's (Minn.)	1.81m	5' 11.25"	MIAC Indoor Championships	Feb 24, 2022
17	Wiltshire, Luke	FR-1	Bethel (Minn.)	1.80m	5' 10.75"	Vanessa Seljeskog Classic	Jan 22, 2022
17	Kessel, Peyton	FR-1	Concordia-Moorhead	1.80m	5' 10.75"	CSB / SJU Invitational	Feb 12, 2022
17	Thurk, Anthony	FR-1	St. John's (Minn.)	1.80m	5' 10.75"	CSB / SJU Invitational	Feb 12, 2022
20	Rhonemus, Wade	JR-3	Concordia-Moorhead	1.76m	5' 9.25"	Dakota Alumni Classic	Dec 3, 2021
20	Lelwica, Max	FR-1	St. John's (Minn.)	1.76m	5' 9.25"	MIAC Indoor Championships	Feb 24, 2022
22	Seiler, Alex	FR-1	St. John's (Minn.)	1.75m	5' 8.75"	CSB / SJU Invitational	Feb 12, 2022
23	Rian, Woody	FR-1	St. Olaf	1.73m	5' 8"	MIAC Indoor Championships	Feb 24, 2022
24	Cogley, Andrew	FR-1	St. Olaf	1.71m	5' 7.25"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
24	Sullivan, Logan	FR-1	Gustavus Adolphus	1.71m	5' 7.25"	Mark Miller Invite	Feb 18, 2022
26	Wellman , Trevor	FR-1	Bethel (Minn.)	1.70m	5' 7"	St. Olaf Quad and Multi Events	Jan 28, 2022
27	Smith, Micah	JR-3	Bethel (Minn.)	1.68m	5' 6"	Snowshoe Open	Feb 18, 2022
28	Mortensen, Ian	FR-1	Carleton	1.67m	5' 5.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
28	Schegel, Abe	JR-3	Bethel (Minn.)	1.67m	5' 5.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
30	Hennen, Logan	FR-1	St. John's (Minn.)	1.65m	5' 5"	CSB / SJU Invitational	Feb 12, 2022
30	Kallstrom, Brandon	FR-1	Bethel (Minn.)	1.65m	5' 5"	Gene Glader Classic	Feb 5, 2022
32	Borst, Layton	FR-1	St. Olaf	1.63m	5' 4.25"	Chuck Petersen Open	Dec 4, 2021
33	Cline-Cole, Ethan	FR-1	Carleton	1.60m	5' 3"	Carleton Tri	Jan 21, 2022
33	Kienholz, Carter	FR-1	Hamline	1.60m	5' 3"	Gene Glader Classic	Feb 5, 2022

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
35	Paustian, Zach	SR-4	Concordia-Moorhead	1.58m	5' 2.25"	Bison Open	Feb 4, 2022
36	Meeker, Caleb	FR-1	Bethel (Minn.)	1.52m	4' 11.75"	MIAC Indoor Championships	Feb 24, 2022

Pole Vault

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Schindler, Shawn	JR-3	St. John's (Minn.)	4.67m	15' 3.75"	Gopher Classic	Feb 5, 2022
2	Arnold, Dylan	FR-1	St. Olaf	4.57m	15' 0"	St. Olaf Quad and Multi Events	Jan 28, 2022
3	Strupp, Coleton	JR-3	Saint Mary's (Minn.)	4.56m	14' 11.5"	Wartburg Qualifier	Mar 4, 2022
4	Gatz, Aidan	FR-1	Saint Mary's (Minn.)	4.53m	14' 10.25"	MIAC Indoor Championships	Feb 24, 2022
5	Schuster, Owen	JR-3	Carleton	4.46m	14' 7.5"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
6	Lynch, Josh	FR-1	Hamline	4.45m	14' 7.25"	Mark Schuck Open and Multi	Jan 28, 2022
7	Charbonneau, Joseph	FR-1	St. John's (Minn.)	4.43m	14' 6.25"	MIAC Indoor Championships	Feb 24, 2022
8	Rhonemus, Wade	JR-3	Concordia-Moorhead	4.35m	14' 3.25"	MIAC Indoor Championships	Feb 24, 2022
9	Stauffer, Joseph	SO-2	St. John's (Minn.)	4.28m	14' 0.5"	MIAC Indoor Championships	Feb 24, 2022
10	Gardeen, Samuel	FR-1	Bethel (Minn.)	4.19m	13' 9"	Snowshoe Open	Feb 18, 2022
11	Mortensen, Ian	FR-1	Carleton	4.18m	13' 8.5"	Ted Nelson Classic	Feb 5, 2022
12	Elahi, Rayan	FR-1	St. Olaf	4.16m	13' 7.75"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
12	Borst, Layton	FR-1	St. Olaf	4.16m	13' 7.75"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
14	Walton, Lukas	JR-3	Bethel (Minn.)	4.15m	13' 7.25"	MIAC Indoor Championships	Feb 24, 2022
15	Askegaard, Lars	SO-2	St. Olaf	4.11m	13' 5.75"	St. Olaf Ole Opener	Jan 14, 2022
16	Doom, Max	FR-1	St. John's (Minn.)	4.07m	13' 4.25"	Gopher Classic	Feb 5, 2022
17	DeGross, Mason	SO-2	St. John's (Minn.)	3.98m	13' 0.75"	MIAC Indoor Championships	Feb 24, 2022
18	Eickhoff, Daniel	FR-1	St. John's (Minn.)	3.97m	13' 0.25"	CSB / SJU Invitational	Feb 12, 2022
19	Ault, Erik	FR-1	Concordia-Moorhead	3.90m	12' 9.5"	Bison Open	Feb 4, 2022
20	Paustian, Zach	SR-4	Concordia-Moorhead	3.89m	12' 9"	UND Tune-Up	Feb 19, 2022
21	Adams, Tim	FR-1	Carleton	3.86m	12' 8"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
22	Edwards, Nick	SR-4	St. Olaf	3.85m	12' 7.5"	MIAC Indoor Championships	Feb 24, 2022
23	Petersen, Maguire	SO-2	St. John's (Minn.)	3.82m	12' 6.25"	CSB / SJU Invitational	Feb 12, 2022
24	Johnson, Blake	FR-1	Hamline	3.78m	12' 4.75"	Mark Miller Invite	Feb 18, 2022
24	Walker, Erik	FR-1	Gustavus Adolphus	3.78m	12' 4.75"	Mark Miller Invite	Feb 18, 2022
26	Rian, Woody	FR-1	St. Olaf	3.77m	12' 4.5"	Gopher Classic	Feb 5, 2022
27	Stack, Matthew	SR-4	Saint Mary's (Minn.)	3.67m	12' 0.5"	Carleton Meet of Hearts	Feb 12, 2022
28	Peper, Stephen	JR-3	St. Olaf	3.65m	11' 11.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
29	Mikla, Aiden	FR-1	Gustavus Adolphus	3.58m	11' 9"	Ted Nelson Classic	Feb 5, 2022
30	Hennen, Logan	FR-1	St. John's (Minn.)	3.55m	11' 7.75"	MIAC Indoor Championships	Feb 24, 2022

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
31	Adams, Andrew	FR-1	St. John's (Minn.)	3.49m	11' 5.25"	CSB / SJU Triangular	Jan 29, 2022
32	Ramirez, Gael	FR-1	Bethel (Minn.)	3.44m	11' 3.5"	Snowshoe Open	Feb 18, 2022
33	Schegel, Abe	JR-3	Bethel (Minn.)	3.36m	11' 0.25"	Stout Quad	Feb 11, 2022
34	Smith, Micah	JR-3	Bethel (Minn.)	3.35m	10' 11.75"	Vanessa Seljeskog Classic	Jan 22, 2022
34	Lord, Demetri	FR-1	St. Olaf	3.35m	10' 11.75"	Wartburg Qualifier	Mar 4, 2022
36	Kulzer, Landen	FR-1	St. John's (Minn.)	3.32m	10' 10.75"	Gopher Classic	Feb 5, 2022
37	Marzinske, Logan	FR-1	Gustavus Adolphus	3.22m	10' 6.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
38	Lelwica, Max	FR-1	St. John's (Minn.)	3.20m	10' 6"	Bison Open	Feb 4, 2022
38	Sunderman , Alex	FR-1	Bethel (Minn.)	3.20m	10' 6"	Vanessa Seljeskog Classic	Jan 22, 2022
40	Wellman , Trevor	FR-1	Bethel (Minn.)	3.05m	10' 0"	St. Olaf Quad and Multi Events	Jan 28, 2022

Long Jump

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Marsh, Anthony	FR-1	Concordia-Moorhead	6.86m	22' 6.25"	MIAC Indoor Championships	Feb 24, 2022
2	Velishek, Christian	SR-4	Hamline	6.83m	22' 5"	Mark Miller Invite	Feb 18, 2022
3	Ungar, Alec	FR-1	St. John's (Minn.)	6.70m	21' 11.75"	MIAC Indoor Championships	Feb 24, 2022
3	Peper, Stephen	JR-3	St. Olaf	6.70m	21' 11.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
5	Subah, Isaiah	FR-1	Gustavus Adolphus	6.65m	21' 10"	St. Olaf Quad and Multi Events	Jan 28, 2022
6	Braun, Michael	FR-1	Hamline	6.48m	21' 3.25"	MIAC Indoor Championships	Feb 24, 2022
7	Arimi, Johanan	SR-4	Macalester	6.45m	21' 2"	MIAC Indoor Championships	Feb 24, 2022
8	Wallace, Michael	JR-3	St. John's (Minn.)	6.42m	21' 0.75"	MIAC Indoor Championships	Feb 24, 2022
9	Valdez, Nolan	FR-1	Concordia-Moorhead	6.37m	20' 10.75"	Dakota Alumni Classic	Dec 3, 2021
10	Petersen, Maguire	SO-2	St. John's (Minn.)	6.35m	20' 10"	MIAC Indoor Championships	Feb 24, 2022
11	Mortensen, Ian	FR-1	Carleton	6.34m	20' 9.75"	St. Olaf Ole Opener	Jan 14, 2022
12	Amberg, Thomas	SR-4	Hamline	6.33m	20' 9.25"	MIAC Indoor Championships	Feb 24, 2022
12	Charlton, Josh	FR-1	St. Olaf	6.33m	20' 9.25"	Chuck Petersen Open	Dec 4, 2021
14	Walton, Lukas	JR-3	Bethel (Minn.)	6.32m	20' 9"	NCAA Division III Indoor Track & Field Championships	Mar 11, 2022
15	Thurk, Anthony	FR-1	St. John's (Minn.)	6.31m	20' 8.5"	CSB / SJU Triangular	Jan 29, 2022
16	Rhonemus, Wade	JR-3	Concordia-Moorhead	6.30m	20' 8"	MIAC Indoor Championships	Feb 24, 2022
17	Bjork, Sean	JR-3	Bethel (Minn.)	6.25m	20' 6.25"	MIAC Indoor Championships	Feb 24, 2022
18	Lord, Demetri	FR-1	St. Olaf	6.24m	20' 5.75"	St. Olaf Ole Opener	Jan 14, 2022
19	Cisewski, Antonio	FR-1	Saint Mary's (Minn.)	6.22m	20' 5"	Mark Miller Invite	Feb 18, 2022
20	Cooper, Dan	SO-2	Saint Mary's (Minn.)	6.21m	20' 4.5"	UWRF Winter Classic	Feb 5, 2022
21	Simon, Godsword	FR-1	Bethel (Minn.)	6.20m	20' 4.25"	St. Olaf Quad and Multi Events	Jan 28, 2022
22	Martin, Andrew	JR-3	Saint Mary's (Minn.)	6.14m	20' 1.75"	Mark Miller Invite	Feb 18, 2022

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
22	Kramarczuk, Lucas	SO-2	St. Olaf	6.14m	20' 1.75"	NSIC & Friends Indoor Challenge	Feb 12, 2022
24	Downey, Cade	FR-1	Bethel (Minn.)	6.13m	20' 1.5"	Stout Quad	Feb 11, 2022
25	Nistler, Harrison	FR-1	Bethel (Minn.)	6.11m	20' 0.5"	Gene Glader Classic	Feb 5, 2022
26	Bulwa, Chris	FR-1	Saint Mary's (Minn.)	6.08m	19' 11.5"	Mark Miller Invite	Feb 18, 2022
27	Schegel, Abe	JR-3	Bethel (Minn.)	6.06m	19' 10.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
28	Le, Nathan	FR-1	Gustavus Adolphus	6.05m	19' 10.25"	Minnesota State Invitational	Jan 14, 2022
29	Hodin, Riley	FR-1	Macalester	6.01m	19' 8.75"	Vanessa Seljeskog Classic	Jan 22, 2022
30	Stroschein, Weston	FR-1	St. Scholastica	6.00m	19' 8.25"	MIAC Indoor Championships	Feb 24, 2022
31	Mckean, Benn	FR-1	Bethel (Minn.)	5.96m	19' 6.75"	Stout Quad	Feb 11, 2022
32	Edwards, Nick	SR-4	St. Olaf	5.89m	19' 4"	St. Olaf Ole Opener	Jan 14, 2022
33	Wallin, Cade	FR-1	Gustavus Adolphus	5.81m	19' 0.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
33	Kessel, Peyton	FR-1	Concordia-Moorhead	5.81m	19' 0.75"	Bison Open	Feb 4, 2022
33	Kallstrom, Brandon	FR-1	Bethel (Minn.)	5.81m	19' 0.75"	Snowshoe Open	Feb 18, 2022
36	Smith, Micah	JR-3	Bethel (Minn.)	5.80m	19' 0.5"	St. Olaf Quad and Multi Events	Jan 28, 2022
37	Hennen, Logan	FR-1	St. John's (Minn.)	5.79m	19' 0"	MIAC Indoor Championships	Feb 24, 2022
38	Sotiropoulos, Simon	FR-1	St. Scholastica	5.74m	18' 10"	Maday Classic	Feb 12, 2022
39	Paustian, Zach	SR-4	Concordia-Moorhead	5.70m	18' 8.5"	Cobber Open	Jan 22, 2022
39	Seiler, Alex	FR-1	St. John's (Minn.)	5.70m	18' 8.5"	Gopher Classic	Feb 5, 2022

Triple Jump

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Wallace, Michael	JR-3	St. John's (Minn.)	14.15m	46' 5.25"	Mark Miller Invite	Feb 18, 2022
2	Wade, Elijah	SO-2	St. John's (Minn.)	14.05m	46' 1.25"	MIAC Indoor Championships	Feb 24, 2022
3	Kramarczuk, Lucas	SO-2	St. Olaf	13.85m	45' 5.25"	MIAC Indoor Championships	Feb 24, 2022
4	Cooper, Dan	SO-2	Saint Mary's (Minn.)	13.37m	43' 10.5"	St. Olaf Quad and Multi Events	Jan 28, 2022
5	Braun, Michael	FR-1	Hamline	13.35m	43' 9.75"	MIAC Indoor Championships	Feb 24, 2022
6	Arimi, Johanan	SR-4	Macalester	13.25m	43' 5.75"	Wartburg Qualifier	Mar 4, 2022
7	Thurk, Anthony	FR-1	St. John's (Minn.)	13.18m	43' 3"	Mark Miller Invite	Feb 18, 2022
8	Hodin, Riley	FR-1	Macalester	13.13m	43' 1"	MIAC Indoor Championships	Feb 24, 2022
9	Valdez, Nolan	FR-1	Concordia-Moorhead	13.11m	43' 0.25"	Bison Open	Feb 4, 2022
10	Amberg, Thomas	SR-4	Hamline	12.95m	42' 6"	Mark Miller Invite	Feb 18, 2022
10	Souksavath, Sean	SO-2	St. Olaf	12.95m	42' 6"	NSIC & Friends Indoor Challenge	Feb 12, 2022
12	Nistler, Harrison	FR-1	Bethel (Minn.)	12.90m	42' 4"	Stout Quad	Feb 11, 2022
13	Subah, Isaiah	FR-1	Gustavus Adolphus	12.78m	41' 11.25"	Ted Nelson Classic	Feb 5, 2022
14	Wallin, Cade	FR-1	Gustavus Adolphus	12.51m	41' 0.5"	Minnesota State Invitational	Jan 14, 2022

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
15	Le, Nathan	FR-1	Gustavus Adolphus	12.37m	40' 7"	Ted Nelson Classic	Feb 5, 2022
16	Crnkovich, Alex	SO-2	St. John's (Minn.)	12.33m	40' 5.5"	CSB / SJU Triangular	Jan 29, 2022
17	Cogley, Andrew	FR-1	St. Olaf	12.11m	39' 8.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
18	Thompson, Gabe	FR-1	Concordia-Moorhead	12.01m	39' 5"	Bison Open	Feb 4, 2022
19	Cline-Cole, Ethan	FR-1	Carleton	12.00m	39' 4.5"	Carleton Tri	Jan 21, 2022
20	McKean, Benn	FR-1	Bethel (Minn.)	11.96m	39' 3"	Gene Glader Classic	Feb 5, 2022
21	Frenzel, Charlie	FR-1	Saint Mary's (Minn.)	11.86m	38' 11"	Mark Miller Invite	Feb 18, 2022
22	Johnson, Brady	FR-1	Saint Mary's (Minn.)	11.60m	38' 0.75"	Twin Ports Invite	Jan 22, 2022
22	Bulwa, Chris	FR-1	Saint Mary's (Minn.)	11.60m	38' 0.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
24	Lazaro, Ernesto	FR-1	St. John's (Minn.)	10.90m	35' 9.25"	CSB / SJU Invitational	Feb 12, 2022

Shot Put

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Folkestad, Cooper	SO-2	Concordia-Moorhead	16.49m	54' 1.25"	Wartburg Qualifier	Mar 4, 2022
2	Irons, Gabe	JR-3	Bethel (Minn.)	15.75m	51' 8.25"	Stout Quad	Feb 11, 2022
3	Feist, Cade	FR-1	St. Olaf	14.46m	47' 5.25"	Wartburg Qualifier	Mar 4, 2022
4	White, Aengus	JR-3	St. Olaf	14.43m	47' 4.25"	Gopher Classic	Feb 5, 2022
4	Bradley, Andrew	JR-3	Gustavus Adolphus	14.43m	47' 4.25"	Mark Miller Invite	Feb 18, 2022
6	Mollet, Eli	JR-3	St. John's (Minn.)	14.38m	47' 2.25"	CSB / SJU Invitational	Feb 12, 2022
7	Frost, Jaeden	SO-2	St. John's (Minn.)	14.37m	47' 1.75"	MIAC Indoor Championships	Feb 24, 2022
8	Mollison, Andrew	FR-1	St. Olaf	14.16m	46' 5.5"	St. Olaf Quad and Multi Events	Jan 28, 2022
9	Fischer, Jackson	FR-1	Gustavus Adolphus	14.00m	45' 11.25"	MIAC Indoor Championships	Feb 24, 2022
10	Rupp, Gavin	SO-2	St. John's (Minn.)	13.95m	45' 9.25"	CSB / SJU Invitational	Feb 12, 2022
11	Larsen, Evan	FR-1	Bethel (Minn.)	13.86m	45' 5.75"	Snowshoe Open	Feb 18, 2022
12	Stordahl, Zach	FR-1	Gustavus Adolphus	13.53m	44' 4.75"	St. Olaf Quad and Multi Events	Jan 28, 2022
13	Hague, Brett	SO-2	St. John's (Minn.)	13.50m	44' 3.5"	MIAC Indoor Championships	Feb 24, 2022
14	Petersen, Maguire	SO-2	St. John's (Minn.)	13.48m	44' 2.75"	MIAC Indoor Championships	Feb 24, 2022
15	Curran, Sean	JR-3	Saint Mary's (Minn.)	13.24m	43' 5.25"	Carleton Meet of Hearts	Feb 12, 2022
16	Christensen, Trevor	FR-1	St. Olaf	13.20m	43' 3.75"	MIAC Indoor Championships	Feb 24, 2022
17	Tanem, Hunter	FR-1	Bethel (Minn.)	13.09m	42' 11.5"	Snowshoe Open	Feb 18, 2022
18	Kaeppe, Trajan	FR-1	Gustavus Adolphus	13.06m	42' 10.25"	St. Olaf Quad and Multi Events	Jan 28, 2022
19	Kerzman, Jake	SR-4	Concordia-Moorhead	13.03m	42' 9"	UND Tune-Up	Feb 19, 2022
20	Genereau, Jack	FR-1	St. John's (Minn.)	12.64m	41' 5.75"	Gopher Classic	Feb 5, 2022
21	Steger, Grant	FR-1	St. Scholastica	12.53m	41' 1.5"	Chuck Petersen Open	Dec 4, 2021
22	Bergemann, Evan	SR-4	Augsburg	12.37m	40' 7"	Vanessa Seljeskog Classic	Jan 22, 2022

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
23	Menache, Max	FR-1	Macalester	12.23m	40' 1.5"	Macalester Invitational	Feb 4, 2022
24	DeWall, Kaleb	FR-1	St. John's (Minn.)	12.22m	40' 1.25"	CSB / SJU Triangular	Jan 29, 2022
25	Wellman , Trevor	FR-1	Bethel (Minn.)	11.71m	38' 5"	Snowshoe Open	Feb 18, 2022
26	Lelwica, Max	FR-1	St. John's (Minn.)	11.51m	37' 9.25"	Mark Miller Invite	Feb 18, 2022
27	Edwards, Nick	SR-4	St. Olaf	11.43m	37' 6"	NSIC & Friends Indoor Challenge	Feb 12, 2022
28	Ramirez, Ricky	FR-1	Concordia-Moorhead	11.39m	37' 4.5"	Dakota Alumni Classic	Dec 3, 2021
29	Peper, Stephen	JR-3	St. Olaf	11.33m	37' 2.25"	St. Olaf Quad and Multi Events	Jan 28, 2022
30	Jacklen, Christopher	FR-1	St. Scholastica	11.27m	36' 11.75"	The CSS Opener	Dec 11, 2021
31	Dedry, Arnauld	JR-3	St. Olaf	11.23m	36' 10.25"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
32	Lord, Demetri	FR-1	St. Olaf	11.10m	36' 5"	MIAC Indoor Championships	Feb 24, 2022
33	Rhonemus, Wade	JR-3	Concordia-Moorhead	11.09m	36' 4.75"	MIAC Indoor Championships	Feb 24, 2022
34	Walton, Lukas	JR-3	Bethel (Minn.)	11.00m	36' 1.25"	NCAA Division III Indoor Track & Field Championships	Mar 11, 2022
35	Mortensen, Ian	FR-1	Carleton	10.78m	35' 4.5"	St. Olaf Ole Opener	Jan 14, 2022
36	Mensen, Joseph	FR-1	St. John's (Minn.)	10.57m	34' 8.25"	Macalester Invitational	Feb 4, 2022
37	Kessel, Peyton	FR-1	Concordia-Moorhead	10.49m	34' 5"	Bison Open	Feb 4, 2022
38	Brown, Jakob	FR-1	Concordia-Moorhead	10.46m	34' 4"	Dakota Alumni Classic	Dec 3, 2021
39	Hennen, Logan	FR-1	St. John's (Minn.)	10.34m	33' 11.25"	MIAC Indoor Championships	Feb 24, 2022
40	Kienholz, Carter	FR-1	Hamline	10.25m	33' 7.5"	Mark Schuck Open and Multi	Jan 28, 2022

Weight Throw

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Irons, Gabe	JR-3	Bethel (Minn.)	18.64m	61' 2"	Wartburg Qualifier	Mar 4, 2022
2	Mollet, Eli	JR-3	St. John's (Minn.)	18.18m	59' 7.75"	MIAC Indoor Championships	Feb 24, 2022
3	Curran, Sean	JR-3	Saint Mary's (Minn.)	17.33m	56' 10.25"	Wartburg Qualifier	Mar 4, 2022
4	Kerzman, Jake	SR-4	Concordia-Moorhead	16.99m	55' 9"	UND Tune-Up	Feb 19, 2022
5	Rupp, Gavin	SO-2	St. John's (Minn.)	16.79m	55' 1"	CSB / SJU Invitational	Feb 12, 2022
6	Beiswanger, Joshua	SO-2	Gustavus Adolphus	16.30m	53' 5.75"	Carleton Meet of Hearts	Feb 12, 2022
7	Bakalars, Frankie	SR-4	Saint Mary's (Minn.)	16.26m	53' 4.25"	MIAC Indoor Championships	Feb 24, 2022
8	Folkestad, Cooper	SO-2	Concordia-Moorhead	16.03m	52' 7.25"	Dakota Alumni Classic	Dec 3, 2021
9	Frost, Jaeden	SO-2	St. John's (Minn.)	15.54m	51' 0"	Cobber Open	Jan 22, 2022
10	Doyle, Lucas	SR-4	Hamline	15.35m	50' 4.5"	Gene Glader Classic	Feb 5, 2022
11	Hague, Brett	SO-2	St. John's (Minn.)	14.99m	49' 2.25"	MIAC Indoor Championships	Feb 24, 2022
12	Christensen, Trevor	FR-1	St. Olaf	14.84m	48' 8.25"	NSIC & Friends Indoor Challenge	Feb 12, 2022
13	Genereau, Jack	FR-1	St. John's (Minn.)	14.77m	48' 5.5"	CSB / SJU Invitational	Feb 12, 2022
14	Tanem, Hunter	FR-1	Bethel (Minn.)	14.28m	46' 10.25"	Snowshoe Open	Feb 18, 2022

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
15	Larsen, Evan	FR-1	Bethel (Minn.)	14.04m	46' 0.75"	MIAC Indoor Championships	Feb 24, 2022
16	Jacklen, Christopher	FR-1	St. Scholastica	13.98m	45' 10.5"	Twin Ports Invite	Jan 22, 2022
17	Mensen, Joseph	FR-1	St. John's (Minn.)	13.84m	45' 5"	CSB / SJU Invitational	Feb 12, 2022
18	Steger, Grant	FR-1	St. Scholastica	13.59m	44' 7"	Mark Miller Invite	Feb 18, 2022
19	Menache, Max	FR-1	Macalester	13.33m	43' 9"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
20	Stordahl, Zach	FR-1	Gustavus Adolphus	12.97m	42' 6.75"	MIAC Indoor Championships	Feb 24, 2022
21	Fritz, Casen	FR-1	Saint Mary's (Minn.)	12.11m	39' 8.75"	Carleton Meet of Hearts	Feb 12, 2022
22	Dedry, Arnauld	JR-3	St. Olaf	11.40m	37' 5"	NSIC & Friends Indoor Challenge	Feb 12, 2022
23	Brown, Jakob	FR-1	Concordia-Moorhead	11.20m	36' 9"	CSB / SJU Invitational	Feb 12, 2022
24	Lee, Elliot	FR-1	Hamline	11.17m	36' 7.75"	Gene Glader Classic	Feb 5, 2022
25	DeWall, Kaleb	FR-1	St. John's (Minn.)	11.15m	36' 7"	Mark Miller Invite	Feb 18, 2022
26	Feist, Cade	FR-1	St. Olaf	10.65m	34' 11.25"	NSIC & Friends Indoor Challenge	Feb 12, 2022
27	Abu Rass, Milad	FR-1	St. Olaf	9.88m	32' 5"	St. Olaf Men's Tostrud Classic	Feb 19, 2022
28	Oachs, Jacob	FR-1	Bethel (Minn.)	9.82m	32' 2.75"	Snowshoe Open	Feb 18, 2022

Heptathlon

	Athlete	Year	Team	Points	Meet	Meet Date
1	Petersen, Maguire	SO-2	St. John's (Minn.)	5118	MIAC Indoor Championships	Feb 24, 2022
2	Walton, Lukas	JR-3	Bethel (Minn.)	4886	MIAC Indoor Championships	Feb 24, 2022
3	Peper, Stephen	JR-3	St. Olaf	4864	St. Olaf Quad and Multi Events	Jan 28, 2022
4	Rhonemus, Wade	JR-3	Concordia-Moorhead	4664	MIAC Indoor Championships	Feb 24, 2022
5	Lord, Demetri	FR-1	St. Olaf	4629	Wartburg Qualifier	Mar 4, 2022
6	Edwards, Nick	SR-4	St. Olaf	4492	St. Olaf Quad and Multi Events	Jan 28, 2022
7	Mortensen, Ian	FR-1	Carleton	4155	St. Olaf Quad and Multi Events	Jan 28, 2022
8	Smith, Micah	JR-3	Bethel (Minn.)	4121	St. Olaf Quad and Multi Events	Jan 28, 2022
9	Hennen, Logan	FR-1	St. John's (Minn.)	3982	MIAC Indoor Championships	Feb 24, 2022
10	Lelwica, Max	FR-1	St. John's (Minn.)	3897	MIAC Indoor Championships	Feb 24, 2022
11	Rian, Woody	FR-1	St. Olaf	3827	MIAC Indoor Championships	Feb 24, 2022
12	Borst, Layton	FR-1	St. Olaf	3792	MIAC Indoor Championships	Feb 24, 2022
13	Schegel, Abe	JR-3	Bethel (Minn.)	3725	MIAC Indoor Championships	Feb 24, 2022
14	Wellman , Trevor	FR-1	Bethel (Minn.)	3720	MIAC Indoor Championships	Feb 24, 2022
15	Paustian, Zach	SR-4	Concordia-Moorhead	3614	MIAC Indoor Championships	Feb 24, 2022
16	Kallstrom, Brandon	FR-1	Bethel (Minn.)	3598	MIAC Indoor Championships	Feb 24, 2022
17	Meeker, Caleb	FR-1	Bethel (Minn.)	3232	MIAC Indoor Championships	Feb 24, 2022

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